



RESCUE RAFT LEADING COURSE

 DURATION 3 days



FOR WHO

Aimed to all those who need to learn the correct methods of leading a rescue raft, its standard procedures and techniques of rescue.

The rescue raft leading course has been developed by Italian Rafting Federation masters and Rescue Project instructors. The program is constantly updated with new technologies and techniques to guarantee safety for both rescuer and rescued, all our procedures have been approved by Italian Firefighters. By the end of the course, participants will receive a license that certifies the skills acquired for rescue raft navigation, in accordance with Italian applicable law D.Lgs 81/08.



PREREQUISITES

Good physical health and good swimming skills, valid Whitewater Technician Rescuer 1 license.

Leading a raft with the precise aim to rescue someone involves very specific problems, procedures and executive methodologies: a rescuer's skills and knowledge are to be highly certified and specialized, especially operating in such a dangerous environment, where the victim probably had some difficulties.



TRAINING METHODOLOGIES

Theoretical lessons, practical parts with simulations, role-playing.
De-briefing, team work.

The rescue raft leading course is held by teachers who operate in formation of rescue and emergency personnel, they are certified by Rescue Project School of river and flood rescue, widely recognized thanks to its highly qualifying standards.

At the end of the 3 days of the course, participants will have acquired main skills, necessary to deal with whitewater on a rescue raft, with the correct and safe methods and will know the essential self and others' rescue maneuvers.

@ INFO & BOOKING

info@rescueproject.it
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PROGRAM

RESCUE RAFT LEADING COURSE

HOURS

ACTIVITIES & CONTENT - DAY 1

8:30 – 9:00	Meeting Compilation of registration form Presentation and explanation about formative days
9:00 – 12:30	Theoretical and practical lesson <ul style="list-style-type: none"> - Knowing the raft, understanding the river - Use of raft as a rescue vehicle - Use of raft as a transport vehicle - Problems related to the use of raft during a flood - Types of raft leading methods during a flood - Paddle techniques on a raft
12:30 – 13:30	Lunch
13:30 – 18:30	<ul style="list-style-type: none"> - Context analysis: identification of risks - Swimming in swiftwater and basic maneuvers of self rescue - Main risks during raft navigation - Search techniques in river - Leading techniques for intervention - Leading techniques for transport
18:30 – 20:00	De - briefing of day 1 Explanation of any doubt

HOURS

ACTIVITIES & CONTENT - DAY 2

8:30 – 12:30	<ul style="list-style-type: none"> - Anchoring and joint of raft - How to stop and get out of a raft - Rescue of people from raft
	Techniques and precaution for a navigation with one or more rafts
12:30 – 13:30	Lunch
13:30 – 18:30	<ul style="list-style-type: none"> - Practical tests of flip over - Anchoring a stuck raft - First assistance maneuvers (self and others) and victim stabilization - Dangers during flood - Dangers on a river - Equipment analysis: what to bring on raft - Surfing in a hole
21:00 – 23:00	<ul style="list-style-type: none"> - PPE and legislation for rescue team and victim's rescue - Stress during emergency: detailed study
	De - briefing of day 2



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ACTIVITIES & CONTENT - DAY 3

8:30 – 12:30	<ul style="list-style-type: none"> - Correct maintenance of a raft - Dangers for raft - Rescue team management on raft - Operation with safety kayak - Rescue of a victim with a raft - Correct position of rescued victims on raft - Commercial guide vs rescue guide - Italian applicable law D.Lgs 81/08 and certificates Walk with raft by foot
12:30 - 13:30	Lunch
13:30 – 16:30	Navigation in river Team and individual exam
17:00 – 18:30	De - briefing Satisfaction questionnaire Licenses release End of the course



EQUIPMENT

Each participant must bring :

- River shoes or sport shoes
- 5 mm neoprene swimsuit or dry suit with proper clothing under the suit
- Homologated helmet + lashing

It is possible to reserve and rent all equipment by booking it at reception in advance communicating exact height and weight.

It is suggested to bring snacks and drinks based on saline supplements.

It is fundamental to communicate to the instructor any possible shortcoming of the activity.



GOALS

- Supply participants with a good level of skills and knowledges on main themes regarding flood and river, navigation and self and others' safety
- Supply skills for an intervention with all the necessary techniques for any situation
- Supply knowledges and main maneuvers of raft navigation, river understanding and all related risks
- Supply participants all main techniques of a joint management, raft joint or flip over.
- Knowing and practicing main standard procedures of navigation for search and rescue